



Kristi Lefebvre
Women's Soccer
Univ. of Vermont



Dan Nolan
Football Coach
Lyndon Institute



Aaron Izaryk
College Counselor
Bridgton Academy



John Stawinski
Strength Coach
Injury To Excellence

Coaching for Leadership, Character and Excellence in youth athletics

Join High School & Middle School Coaches At The 2nd Annual VT Coaches School

Kristi Lefebvre, Women's Soccer Coach at The Univ. of Vermont - *Creating Excellence In VT HS Sports*

Dan Nolan, Head Football Coach - Lyndon Institute - *Coaching For Character*

Aaron Izaryk, College Counselor, Baseball Coach - Bridgton Academy - *Moving From HS To College Athletics*

John Stawinski, Injury To Excellence, LLC - *Strength and Conditioning Coaches Can Use*

- Learn tips and techniques you can use to help your athletes get the most out of their athletic experiences.
- Get re-energized with new ideas and new perspective from leaders in the Vermont athletic arena.
- Join your colleagues for a social networking opportunity to discuss X's and O's and share ideas that work.

WHO: Vermont High School & Middle School Coaches

WHAT: 2nd Annual Vermont Coaches School

WHERE: Sunset Ballroom—Atop The Comfort Suites
1712 Shelburne Road, South Burlington, VT 05403

WHEN: Friday, March 23, 2012— 12:00pm-4:15pm

12:00-12:45pm— Registration & Vendor Exhibits

12:45-1:00pm— Welcome To The Coaches School & Awards

1:00-1:45pm— Kristi Lefebvre—Creating Excellence In VT HS Sports

1:55-2:40pm— Dan Nolan—Coaching For Character

2:50-3:35pm— Aaron Izaryk—Moving From HS To College Athletics

3:45-4:30pm— John Stawinski—Strength & Conditioning Coaches Can Use

4:30-5:30pm— Coaches Social Networking At The Lake-View Grill

YOUR INVESTMENT Super Early Bird Register By 2/1/12 = \$30.00

Early Bird Register By 3/1/12 = \$35.00

Regular Registration 3/2/12—On = \$40.00

CONTACT: Brian Cain— visit www.vermontcoachesassociation.com to register or E-Mail brian@briancain.com, or call (802) 999-1096



FRIDAY, MARCH 23, 2012
12:00-4:30pm
South Burlington, VT