

TIPS FROM AN OLD COACH

1. Teach things correctly from the start
2. Demand perfection when working 1 on 1 - make them do it again.
3. Get in good position - don't be a lazy coach - be in shape.
4. Correct only what you see.
5. Correct only one thing at a time.
6. Be prepared - organized - have it written down.
7. Always have an extra - have more drills than you need.
8. Be enthusiastic - it carries over - your players reflect you.
9. Remember coaches do make mistakes - 98% of the time they are not on purpose. Admit your mistake.
10. Evaluate your own session - each day - you probably could be better.
11. Evaluate team each day - each day is new and different.
12. We are in this game as a staff - not offense vs. defense.
13. Cooperate - a good coach can coach ideas that are not his.
14. Make sure of equipment beforehand - don't hold up a drill.
15. Specialists must take extra time.
16. When using your own people - teach them how to play the opponents pos.
17. If a player is slow to correct a technique - evaluate yourself.
18. Utilize film - Be a teacher not a yeller.
19. Do not call a play that all members have not worked on, that is bad coaching.
20. Individual before team - parts of the whole.
21. Change drills on time - have a schedule and stay on it.
22. No discussion about technique on field - do it in the classroom before field.
23. Be positive.
24. Have a plan - believe in it and teach it.
25. Be yourself - don't try to be Bear Bryant, Woody Hayes, etc.
26. Assume full responsibility for your position - they're reflections of you.
27. Play a winner - it is a game of men - not systems.
28. Don't mind moving players around - get the best on the field.
29. Don't mind giving up a player for good of the team - don't keep a bad apple.
30. Do not give up on ability - you don't have to play him, but you can coach him.
31. Do not play potential - play people who get the job done.
32. Do not over coach - coach - let them play - coach - let them play.
33. Do not take out personal problems on squad - they didn't cause your problem.
34. Do not get soft - push them and push yourself.
35. Don't talk too much - talk in the meetings - coach on the field.
36. Coach your own position - keep your mouth shut and coach your position.
37. Plan for a poor practice - why.
38. Plan morale - you can motivate your players.
39. Pride is a two way street - your players must have pride in you.